



Gotcha Suspension Loop

The Gotcha Suspension Loop is designed as an addition to any rescue system that can help to alleviate the effects of suspension trauma. This condition can occur when a person remains suspended at height (after a fall) for even short periods of time. Suspension in a harness may cause blood to pool in the veins of the legs which can result in unconsciousness; if not rescued promptly, serious injury or death may occur. It is recommended that employers provide for prompt rescue of workers in the event of a fall.

The Gotcha Suspension Loop allows the worker, who is suspended, to stand up in their harness and to relieve the pressure being applied to the arteries and veins around the top of the legs.

However this must not be seen as a solution to the problem and is also of little use to unconscious casualties. It can therefore be classed as an intermediate measure and rescue must follow. This is not an item of PPE.



Specialists in Safety: Fall Protection & Rescue

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