



Practical Use of Rescue from Height Equipment "GOTCHA" Rescue System

Duration 1 Day

Course Code IKTFR4

Introduction

The session gives practical knowledge and experience in the use of the "Gotcha Rescue System".

The session covers the legal and moral requirements to provide rescue cover for those working at height and the first aid procedures that should be followed. Practical training in the skills required to perform a rescue using the "Gotcha Rescue System" of a worker who has sustained an arrested fall forms the major part of this session.

Practical training will cover the use of the equipment to provide rescue when a worker has sustained a fall whilst using an Energy Absorbing Lanyard and other forms of FPE. Both high and low anchorage positions; raising the casualty back on to the work platform; and, lowering to a point of safety will be covered.

Who Should Attend?

This training session is intended for those who work at height and require training in the techniques to effect the rescue of a colleague who has suffered an arrested fall.

Training Methods

A high proportion of hands on demonstrations and practical exercises, supplemented with classroom based tutorials, comprehensive handout pack. Assessment will be by written test paper and observations during the practical elements of the course.

Course Information

Delegates	Maximum of 6 Delegates per Course
Location	Either at Customers site or Total Protection (UK) Limited
Pre-requisites	It is essential that all candidates put forward for rescue training have successfully completed one of the IKAR GB "Harness and FPE" training courses (IKTHU or IKTHO).
Medical	Delegates should be mentally & physically fit to withstand the rigours of training
Equipment	All equipment will be provided by Total Protection (UK) Limited, however examples of customers own equipment is always useful.
Certification	Certificates are issued to all delegates who successfully complete the course and achieve the required standard in the assessment.
Validity	TPUK certificates are valid for 36 months.
Lunch	Refreshments are provided for courses at Total protection (UK) Limited
Safety Notice	Total Protection (UK) Limited reserve the right to refuse to train any individual or to halt or cancel the training course if, in the opinion of the instructor, safety is compromised. This could be due to an unsafe or unsuitable training environment; an individual's dangerous or poor conduct; the condition of any equipment supplied by the customer; or an individual suffering from health or fitness issues. High winds, in excess of 20 mph, will also lead to the curtailment of any practical training session. IKAR GB instructors carry anemometers to accurately read the wind speed. Should any cancellation or stoppage happen due to the reasons given above, Total Protection (UK) Limited will endeavour to re-book the training as soon as it is safe to continue.



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