



Height Safety Awareness

Duration 1/2 Day

Course Code IKTHA

Introduction

This training session is intended as the basic foundation for working safely at height. Course delegates will be provided with the basic information required of anyone tasked with or affected by work at height to ensure safety in the workplace. It does not cover any specific skills required to carry out a work task or to use specialist height safety equipment; these skills are dealt with by other training sessions. However, delegates will gain a thorough knowledge of all possible methods of controlling the potential fall from height.

The course will identify the relevance and implications of the Work at Height Regulations 2005 so that the individual can comply with his/her duties, whether planning, controlling or conducting work tasks at height.

This session is intended as a pre-requisite for all other Total Protection (UK) Work at Height and Rescue from Height training sessions.

Who Should Attend?

Anyone tasked with or affected by work at height. This session is intended as a pre-requisite for all other Total Protection (UK) Work at Height and Rescue from Height training sessions.

Training Methods

A high proportion of hands on demonstrations and practical exercises, supplemented with classroom based tutorials, comprehensive handout pack and a post course assessment (written paper)

Course Information

Delegates	Maximum of 10 Delegates per Course
Location	Either at Customers site or Total Protection (UK) Limited
Pre-requisites	None
Medical	Delegates should be mentally & physically fit to withstand the rigours of training
Equipment	All equipment will be provided by Total Protection (UK) Limited, however examples of customers own equipment is always useful.
Certification	Certificates are issued to all delegates who successfully complete the course and achieve the required standard in the assessment.
Validity	TPUK certificates are valid for 36 months.
Lunch	Refreshments are provided for courses at Total protection (UK) Limited
Safety Notice	Total Protection (UK) Limited reserve the right to refuse to train any individual or to halt or cancel the training course if, in the opinion of the instructor, safety is compromised. This could be due to an unsafe or unsuitable training environment; an individual's dangerous or poor conduct; the condition of any equipment supplied by the customer; or an individual suffering from health or fitness issues. High winds, in excess of 20 mph, will also lead to the curtailment of any practical training session. IKAR GB instructors carry anemometers to accurately read the wind speed. Should any cancellation or stoppage happen due to the reasons given above, Total Protection (UK) Limited will endeavour to re-book the training as soon as it is safe to continue.



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