



Safe Use of Ladders and Step Ladders

Duration 1/2 Day

Course Code IKTLU

Introduction

The course will focus on selecting the correct type of ladder, identification labels and markings, pre-use safety checks, safe use of ladders and stepladders, periodical inspections, and record keeping.

It is envisaged that those put forward to attend this training session will already have an appreciation of the dangers of working at height, the Work at Height Regulations, and the hierarchy of controls, by attending the "Height Safety Awareness" training session.

Who Should Attend?

This training session is intended for those employed to perform a work task at height, where the employer has identified (by way of Risk Assessment) a ladder or stepladder as the appropriate control method.

Training Methods

A high proportion of hands on demonstrations and practical exercises, supplemented with classroom based tutorials, comprehensive handout pack. Assessment will be by written test paper and observations during the practical elements of the course.

Course Information

Delegates	Maximum of 10 Delegates per Course
Location	Either at Customers site or Total Protection (UK) Limited
Pre-requisites	IKTHA – Height Safety Awareness
Medical	Delegates should be mentally & physically fit to withstand the rigours of training
Equipment	All equipment will be provided by Total Protection (UK) Limited, however examples of customers own equipment is always useful.
Certification	Certificates are issued to all delegates who successfully complete the course and achieve the required standard in the assessment.
Validity	TPUK certificates are valid for 36 months.
Lunch	Refreshments are provided for courses at Total protection (UK) Limited
Safety Notice	Total Protection (UK) Limited reserve the right to refuse to train any individual or to halt or cancel the training course if, in the opinion of the instructor, safety is compromised. This could be due to an unsafe or unsuitable training environment; an individual's dangerous or poor conduct; the condition of any equipment supplied by the customer; or an individual suffering from health or fitness issues. High winds, in excess of 20 mph, will also lead to the curtailment of any practical training session. IKAR GB instructors carry anemometers to accurately read the wind speed. Should any cancellation or stoppage happen due to the reasons given above, Total Protection (UK) Limited will endeavour to re-book the training as soon as it is safe to continue.



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