



Title: Trench Support Awareness for Managers & Supervisors
TSP MNG

Duration: 1 day

Participants: 8 persons

Description: The course is aimed at supervisors and managers to promote safety awareness, appreciation of trench support equipment and systems, and generic hazards and specific risks which could be experienced in these working areas.

Objective: To give overviews of the methods, techniques and principles available in order to prevent the collapse of excavations following HSE guidelines and relevant current documentation.

To develop awareness of the personal and organisational responsibilities to minimise the risk and hazards associated with working in excavations and the different systems and methods available.

Content:

- Legislation relevant to working in excavations and current guidelines
- Major causes of excavation failure
- Solutions to prevent excavation failure
- Planning work in/near excavations
- Location of services before excavation
- Types of ground support systems available and identifying the correct method of support for specific ground conditions
- Practical solutions to operational problems regarding ground support systems
- Understanding shallow / medium trench support systems in a range of conditions using timber, trench sheeting and hydraulic trench shoring
- Safety requirements needed for supporting excavations
- Inspections and documentation to be undertaken of ground support systems

Method: Presentation / Workshop

Pre-requisites: PPE, Outdoor Clothing

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